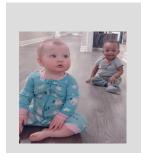


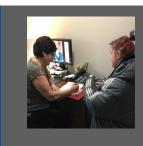
### **Serving Our Community for**

70 Years











### Vision

People in our community are healthy, happy, and safe.

### **Mission**

Catholic Family Services, guided by Catholic values and principles, provides counselling, community connection, and education programs so that the quality of life of all people in our diverse community may be improved and strengthened.

### **Values**

#### CARES

### Compassion

We treat one another with sensitivity, empathy, and kindness, and provide non-judgmental support without prejudice.

### Accountability

We fulfill our commitments and take responsibility for our actions.

### Respect

We treat one another with dignity, honesty, understanding, support, equality, inclusion, and self-determination.

#### Excellence

We provide exemplary services through innovation, teamwork, best practice, and quality improvement.

#### Service

Our service is timely, relevant and meaningful to the person served.

### A Message to Our Community

Catholic Family Services of Hamilton is celebrating our 70<sup>th</sup> Anniversary this year. This brings back memories of the popular adage about growing older "You are never too old to set another goal or dream another dream" by Les Brown. As an organization in service to our community, we have never stopped setting higher goals or dreaming bigger dreams. We have continued to be vibrant and compassionate with a laser focus on supporting people where and how they want to be helped. As Mark Twain said, "Wrinkles should merely indicate where smiles have been". Our 'wrinkles' are what we wear proudly, knowing that we are *helping make life better* for thousands of people and their families.

In this time of reflection, it would be wonderful to talk to all of the staff, volunteers and board members who have come before us and ask them what they envisioned for the future goals and dreams for CFS. Would they be happy with what we have accomplished? Our hope is that they would be proud of the services that we provide to our community.

This is a year of celebration not only of the past but also our future. We want to thank all of our staff, volunteers, and board members who came before us, as well as those who are with us today. Over the last year, we have witnessed the dedication and commitment of our current team as they have worked tirelessly to ensure that *People in our community are healthy, happy, and safe*. Not only did they ensure that day-to-day, the people who came to us for support, felt valued and respected, but they also put in place our Neighbourhood Model to ensure that we are improving access to our services across our community.

The goal of our Neighbourhood Model is to bring our services closer to where people need support. We moved from our centralized downtown location to four locations across our region. Each location is a collaboration model with our community partners. Staff from different organizations work side-by-side sharing information, planning, and problem solving which to the client means increased access to supports and seamless transitions from one service to another. Thank you to our many community partners who have demonstrated their willingness to develop innovative approaches to services.

Another key action item this past year was the expansion of the responsibilities of the Board of Director Finance Committee. The committee is now called Finance, Enterprise, Risk, and Quality Committee (FERQ). As the name implies, FERQ ensures that CFS is financially sound and that it has an Enterprise Risk Management and Quality culture throughout its organization. This year the committee helped to develop a strategic framework, reviewed our Executive Director Limitation Policies, and worked with staff to improve financial reporting.

The future of CFS is incredibly bright. As we begin our work to develop our new Strategic Plan, we will ensure that our mission continues for the next 70 years and beyond!.



Cindy Kinnon
Executive Director



David Borsellino Board Chair



# Organizational Vitality

### Organizational Foundation Strategy



- ✓ CFS is financially stable
- √ Financial streams are diverse and growing
- Employees have the tools and technology required to be effective in their job and to be viable, relevant, and stable

### **Strategic Plan 2017 - 2020**

A continued focus on our four strategic directions has resulted in strengthening our ability to address change and the increasing needs of our clients.

### **Accomplishments**

Being a financially stable organization provides opportunities for us to build and expand programs and services for people without the reliance on traditional funders.

- Extensive work has been accomplished to build our financial health. We are being responsible with the funds we are given and applying them to program and service initiatives.
- We have also been successful in diversifying our revenue to include financial fee for service contracts and successful grant applications.
- We invested in new computers, server, software, and phone system to create our mobile workforce.

# **Collaborative Partnerships**

### Viable Reputation Strategy



- ✓ CFS brand is better known in our community
- ✓ CFS culture is client focused and strives to continually improve the quality of our service

  ✓ CFS culture is client focused.

  ✓ CFS c

### **Accomplishments**

We are building important, trusting relationships with our partners to help engage the community so that we continuously improve our referral and service coordination processes.

- Our Neighbourhood model is a good example of how we are creating synergies to build quality service with our partners.
- Our continued efforts on quality is being infused into our organizational culture.



### **Our Annual Update**

As we move into the final year of our strategic plan, we will do so with our continued focus on accountability and transparency.

### **Accomplishments**

CFS is a great organization because of the people who work and volunteer here. As a responsible employer, we ensure that our staff and volunteers continue to have the energy and skills to do a great job.

- We have completed Employee Engagement Surveys to hear what areas we need to improve, and have developed workplans to implement improvements.
- We ensure that they have the tools they need to provide quality service and find ways to improve service delivery.
- We created professional work environments for staff
- We know that a supportive work environment will ensure that employees are committed to the core values of CFS.

## Client Driven Services

### Client Engagement Strategy



- ✓ Client expectations with service delivery are met
- ✓ Client outcomes are achieved

# Innovative Leadership

### **Employment Engagement Strategy**



- Employees are healthy and engaged
- ✓ Employees have the core competencies, knowledge & skills necessary to provide quality service
- Quality improvement tools are used to improve service delivery to clients
- Employees, volunteers, students are committed to core values of CFS

### **Accomplishments**

We have adopted a customer service approach to ensure that we meet client expectations and that clients are achieving their own personal goals.

- Our Feedback Forms, clients, and partners told us that we do this well.
- We implemented a software program which allows our clients to track their own progress in their counselling sessions.

# 1949 Our History

On November 7, 1949, the Catholic Welfare Bureau was incorporated. We provided families with food, clothing, and necessities, and was responsible for reunification of immigrant and refugee families, and placement of war orphans. The agency operated its own credit union and helped families purchase homes by offering mortgages.

In 1965, the Catholic Welfare Bureau changed its name to Catholic Social Services to reflect the growing emphasis on social support and counselling services in place of material assistance. Through the 1970s, 80s, and into the 90s, the agency emerged as a provider of highly professional counselling services for families and individuals, domestic violence, and credit counselling. Catholic Social Services developed expertise in case management in areas of high-risk elderly persons and developmental services.

In 1986, Catholic Social Services adopted the name Catholic Family Services of Hamilton-Wentworth to better reflect its mission and commitment to assist families and individuals in their interpersonal and family relationships. In 2002, Catholic Family Services of Hamilton -Wentworth changed its name to Catholic Family Services of Hamilton to reflect the City of Hamilton amalgamation.

### Serving Our Community for

### Counselling Services

Helping individuals and families build resiliency.



1949

1954

### **Young Parents**

Supporting young pregnant and parenting families to be healthy and resilient

### Financial Wellness Credit Counselling

Our Credit Union was established in 1949 and has developed into a program to promote financial wellness in our community



70 Years

### **Child Care**

Supporting children's future successes and to help them overcome barriers which may be present in their lives

### Developmental Services

Supporting individuals with a developmental disability be active participants in their community

### Violence Against Women Programs

Reducing gender-based violence and trauma in our community

1978 1993

### Walk In Clinic

Providing drop-in counselling support for immediate issues

2003

2006

### 19<mark>8</mark>7

1998

### Gatekeepers

Assisting seniors living in severe self-neglect to access support services

### Partner Assault Response Program

Delivering specialized community-based group intervention to individuals in response to a charge involving domestic violence

### Intensive Case Management for Seniors

Supporting vulnerable and isolated seniors to live healthy and happy in their own homes



### CFS Staff Service Awards Thank you to our dedicated staff

#### 15 Years of Service

Marilyn Burke

#### 10 Years of Service

Fivel Flavour

Catherine Howson

Kelly Tournay

#### **5 Years of Service**

Melissa Albano

Rasvinder Bains

George Czovek

Jennifer Fearnside

Ben Hartford

Karen Whitwell

**Christine Wong** 

Alice Selig

Tina Montreuil

Julie Hansen

Sabrina Bucci



Community Appreciation Day at Hamilton City Hall

### Our Staff Their energy and talents create success

Total years of service for all employees is 490 YEARS

Longest standing employee has worked 32 YEARS

Average years of service is 4.6 YEARS

Average number of employees who have had more than one position is 36.86% Percentage of staff with post secondary education is 80%

### In Gratitude We are grateful to our donors and partners for your tremendous support

Taylor Steel Inc.

Stephen J. Dunn Insurance Ltd.

**CCXIT Computer Services** 

Pro Funds Mortgages

Myron & Donna Karp Foundation

The Catholic Women's League

Diocese of Hamilton Ex Corde Foundation

Lakeside Logistics Inc.

Mortgage Financial Corporation

Hamilton-Wentworth Catholic District School Board

School Sisters of Notre Dame

**Enterprise Holdings Foundation** 

CHML Children's Fund

Sisters of St Joseph in Canada

Local 18 Carpenters Union

Impressive Printing

The Knight's of Columbus











### **Financial Information**

Year Ended March 31, 2019

### Revenue

Total: \$5,127,922.

**Province of Ontario 62%** 

Municipal Funding 12%

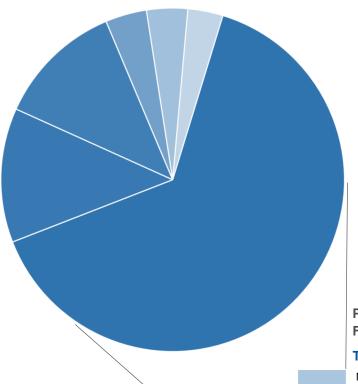
**Donations &** 

Other Revenue 10%

Service Fees 9%

**United Way 4%** 

**Diocese of Hamilton 3%** 



Province of Ontario Funding

Total: \$3,256,445.

Ministry of the
Attorney General 13%

Ministry of Health & Long-Term Care 27%

Ministry of Children, Community and Social Services 60%



Finance Enterprise Risk and Quality (FERQ) Committee

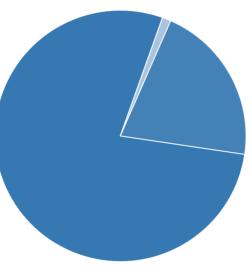
### **Expenses**

Total: \$4,880,205.

**Staff Compensation 76%** 

**Operational Expenses 22%** 

**Program Expenses 2%** 





### **Catholic Family Services of Hamilton**

### www.cfshw.com

Our Neighbourhood Locations

### The Counselling Centre

460 Main Street East, Unit 404 Hamilton, ON L8N 1K4

Walk-In Counselling Clinic Individual and Family Counselling Financial Wellness Credit Counselling Violence Against Women Counselling Children's Counselling Partner Assault Response Program (PAR)



#### The Manor

St. Martin's Manor 500 Mohawk Rd West, Hamilton, ON L9C 1X4

Early Learning and Care Program
Young Parent Program
Developmental Services Program
Family Group Conferencing
Individual and Family Counselling
Financial Wellness Credit Counselling



#### **Dundas Villa**

St Joseph's Villa 56 Governors Rd, Dundas, ON L9H 5G7

Intensive Case Management for Seniors at Risk Gatekeepers – Hamilton/Halton



#### **Administration Offices**

688 Queensdale Ave E, Unit 2B Hamilton, ON L8V 1M1

Tel 905-527-3823 Fax 905-546-5779

Long Distance: 1-877-527-3823

